



Co-funded by
the European Union

youth
exchange

**Torino,
9th-17th JUNE**

YOUTH VOICES *green choices*

INFOPACK



TABLE OF CONTENTS



HOSTING ORGANISATION CONTACT



ABOUT THE PROJECT



OBJECTIVES



PARTNERS



PARTICIPANT PROFILE



LOCATION AND ACCOMODATION



GAME CHANGERS TIPS



TRAVEL



**FINANTIAL CONDITIONS
AND REIMBURSEMENT**

HOSTING ORGANISATION CONTACT



EUFEMIA

ASSOCIAZIONE DI PROMOZIONE SOCIALE

Associazione culturale Eufemia

Turin, Italy

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ABOUT THE PROJECT



Youth Voices Green Choices will focus on green and sustainable transitions in food and nutrition, addressing critical topics such as **food sustainability**, **waste reduction**, and the **social value** of food. Participants will explore these themes through **game-based learning** and **gamification**, using role-playing, theater, and improvisation to create an engaging and educational experience.



Aligned with the United Nations **Sustainable Development Goals** (SDGs), this exchange will empower participants to take action in their communities by developing **innovative and interactive educational experiences**. Through collaboration, creativity, and experiential learning, they will gain the knowledge and skills necessary to promote sustainability and drive positive change.

FOOD IS A POWERFUL TOOL FOR CONNECTION, CULTURE, AND SOCIAL INTERACTION.

Sustainable food consumption and waste reduction are key aspects of a transition, where **young people** play a crucial role in shaping the future, acting as **agents of change** towards a more sustainable and responsible society.



OBJECTIVES



YOUTH VOICES

This **youth exchange** is a platform for young people, where they can express ideas, strengthen decision-making processes, foster leadership and promote intercultural dialogue by sharing perspectives and **learning from each-other**.

green choices

The program aims at **raising awareness** on sustainability in the **food** sector through game-based learning and **gamification**. The goal is to encourage responsible habits by developing critical thinking and exploring innovative solutions.



PARTNERS



ParcoursLeMonde
Marseille



United Societies of Balkans
Thessaloniki



European Youth Centre Břeclav
Břeclav



Asociacion Caminos Velez
Malaga



PARTICIPANT PROFILE

18+ yo
Able to work in
English



**Interested in joining the project
and exploring the exchange goals**



LOCATION AND ACCOMMODATION



The main activities will take place in the rooms of the accommodation facility.

Open 011

Corso Venezia, 11 – 10147 Torino



Rooms: accommodation will be in shared rooms, which may be mixed.

Amenities: Free Wi-Fi is available; towels and bed linens will be provided, but we recommend bringing your own towel or bathrobe for added convenience.

Meals: provided – keep an open mind and be ready to embrace diverse tastes and cultures in the meals offered.





LUNCH & DINNER WILL BE PROVIDED BY



Il Gusto del Mondo

Il Gusto del Mondo is a Turin-based **social enterprise** dedicated to fostering **social inclusion** and **environmental sustainability** through the universal language of food.

It operates as a **hub for cultural exchange and education**, offering catering services that celebrate culinary traditions from around the world.



The organization supports **marginalized individuals** by providing professional training in gastronomy and hospitality, helping them integrate into the workforce.

Its **eco-conscious approach** focuses on reducing food waste, promoting healthy eating, and collaborating in international projects to strengthen community bonds.

GAME CHANGERS TIPS

Weather in June: In Turin, it can be quite warm in June, but there's a chance of rain. Make sure to bring warm clothes and something waterproof.

Active Participation: Remember, this exchange is a project, not a vacation. Be ready to actively participate, share, and engage with the group.

Intercultural Evening: A long-standing tradition in international exchanges! This special evening is dedicated to showcasing the national groups. Each group typically brings something traditional to share (e.g., food, drinks, or small items) and prepares a presentation or activity for everyone to enjoy. It can be anything—so be creative!



TRAVEL

June 9th: Arrival day. If possible, plan to arrive by the afternoon to join us for dinner and the first evening activities together.

We encourage participants to opt for green travel solutions (e.g., buses, trains) whenever possible.

June 17th: Departure day. Participants will still be able to have breakfast at the hostel before leaving.



FINANTIAL CONDITIONS AND REIMBURSEMENT

To calculate your reimbursement, please use the **provided tool** to determine the distance in kilometers from your place of origin to Turin. Once you have the distance, refer to the attached distance band table to identify the maximum reimbursement amount, based on whether you choose a green travel option or not.

Reimbursement Requirements:

- We must receive all receipts and tickets for purchased travel.
- If tickets were purchased online, digital copies are acceptable.
- For any physical tickets purchased, we need to receive the original copies.



FINANTIAL CONDITIONS AND REIMBURSEMENT

Travel distances & Amount	In case of “green travel”
Between 10 and 99 km 28 EUR / participant	56 EUR
Between 100 and 499 km 211 EUR / participant	285 EUR
Between 500 and 1 999 km 309 EUR / participant	417 EUR
Between 2 000 and 2 999 km 395 EUR / participant	535 EUR
Between 3 000 and 3 999 km 580 EUR / participant	785 EUR
Between 4 000 and 7 999 km 1 188 EUR / participant	1 188 EUR



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LOOKING FORWARD TO MEETING YOU!

