

Aquagym

A woman in a red swimsuit is captured underwater in a swimming pool, performing an aquagym exercise. She is in a dynamic, athletic pose, with one leg extended forward and arms outstretched. The water is clear blue, and light rays create a shimmering effect on the pool floor.

!!!Que mejor manera de refrescarnos !!!

Lunes y miércoles
11:00-11:45

Información e inscripciones:

Sandra 608804917

Natación

A swimmer in a black swimsuit and blue swim cap is captured in motion, swimming in a pool. The swimmer is wearing goggles and has one arm extended forward. The water is clear blue, and a lane line is visible in the foreground.

Iniciación
Perfeccionamiento

Información e inscripciones:

Sandra 608804917

Martes y jueves

11:00-11:45

GIMNASIA DE MANTENIMIENTO



Martes y jueves
10:00-10:45

Información e inscripciones:

Sandra 608804917